



PACKING LIST

PALI RETREAT

PLEASE NOTE :

We are located at an altitude of 6,300 feet and typically the temperature on the mountain can range 10 – 20 degrees below that of Los Angeles and San Bernardino.

Check www.noaa.gov or www.weather.com and enter zip code 92382 to check our weather.

We cannot wait to see you! Just in case you have never been to the mountains in SoCal we have included some helpful information below to make your trip even better.

GENERAL:

- Bedding: Sleeping bag and pillow, or sheets and blankets suitable for a twin-sized mattress
- Bath towel and hand/face towel
- Toiletries (toothbrush, toothpaste, shampoo, etc.)
- Lip balm
- Sunscreen
- Moisturizing lotion
- Insect Repellent
- Sunglasses
- Flashlight
- Backpack or day-pack
- Refillable water bottle
(Pali is at an altitude that makes drinking lots of water an important part of ensuring you stay hydrated and comfortable!)
- Personal Fan for Cabins

CLOTHING:

- Jacket – warm and waterproof/ water resistant
- T-shirts
- Shorts
- Long pants – necessary for ropes courses and paint ball
- Underwear
- Sneakers or hiking shoes or boots - closed toed shoes are required for most activities.
- Pajamas - bring something suitable for cool and warmer weather
- Slippers

WINTER WEATHER ESSENTIALS

Winter time is beautiful at Pali. But we are in mountains! So, if you are visiting us during the winter months, specifically December - May. We want to make sure you know what you might need. This will help us help you have a great time and be as safe and comfortable as possible during your stay!

- Waterproof/wind resistant pants or snow pants
- Yaktrax/SnowCleats *(cannot be worn inside any buildings, including cabins, dining hall etc., they will damage floors/carpet)*
- Layers (long sleeve shirts, long johns, jackets, socks)
- Thick socks
- Warmboots/Snow boots
- Beanie/Hat and Scarf
- Warm gloves/mittens