



# SAFETY REGULATIONS

PALI RETREAT

## MEAL AND ACTIVITY TIMES

Meals are served for 1 hour and your group has a scheduled time. We kindly ask that you clear your own tables and refrain from using the dining hall between meals. This will allow our kitchen staff to clean and prepare for your next meal. Please be on time for all scheduled activities and meals. We cannot always allow activities to run beyond their scheduled times.

## HOST

Our host is here to assist you in making your stay a success. If you have any needs or concerns, please have your group leader contact the host.

## SAFETY REGULATIONS

- Pali Mountain is a non-smoking facility. We are in a high fire danger area. You will be asked to vacate the facility if you are found smoking.
- Our noise curfew is 10:30pm; you may stay up inside with lights on, however, no music or playing outside of cabins and meeting rooms is permitted.
- Contact your host if you would like to use the fireplaces or campfires. Please do not start a fire yourself.
- Please keep all snacks and drinks in your meeting room. Do not keep or consume any food in your cabin, as it can attract animals.
- The pool and pond are off-limits unless a lifeguard is scheduled ahead of time. Do not attempt to walk on the pond if it freezes.
- Please wear closed-toe footwear around the campgrounds.
- Children must be supervised at all times.
- Pets are not allowed unless they are service animals.
- Please bring a flashlight with you at night. It gets very dark and outdoor lighting does not exist in all areas.
- Please drink water while visiting with us to stay hydrated. This will help prevent altitude sickness.
- Please do not hike alone, and always stick to the trails. It is very easy to get disoriented. Always tell someone where you are hiking and go with a buddy.
- No private cooking is allowed on site.
- Please do not remove mattresses from the cabins or chairs from the meeting rooms.

## CHECK IN/OUT

Check in on arrival day is 4:00pm. Check out on departure day is 12:00 Noon (unless other times have been arranged in our contract). Our housekeeping staff will be appreciative if you are able to remove your baggage from the cabins and private rooms immediately following breakfast on departure day.

**Enjoy your stay!**